

(2018 Sep)

Dishes served do not contain garlic, onion or MSG. Imitation meats are made of soy products, or yam or wheat gluten.

\$11.99 Lunch Special 午餐精選

**** only sell Mon- Fri 11-2pm****

Lunch Special 特色午餐精選

(Served with Spring Roll & Steamed white rice or Brown Rice)

L01 Pumpkin, String beans w/ tofu in Black bean sauce 豉汁南瓜豆仔豆腐

L02 Sweet & Sour Soy Chicken w/Bell Pepper & Pineapple 甜酸雞丁

L03 Lemon Sauce Fillet 檸檬魚塊

L04 Coconut Sauce w/ Taro, Soy Chicken & Pumpkin 椰汁香芋、南瓜、芝麻雞

L05 Broccoli w/ Soy Beef 西蘭花素牛

L06 Braised Spareribs w/ Broccoli 紅燒排骨

L07 String Beans w/ Shredded Homemade Dry Tofu 四季豆炒五香豆乾

L08 String Beans & Soy Beef w/ Chinese Satay Sauce & Basil 沙茶炒四季豆牛肉片

L09 Eggplant & String Beans w/ Black Bean Sauce 豆豉茄子四季豆

L10 Eggplant, Tofu & Basil w/ Satay Sauce 九層塔沙茶炒茄子豆腐

L11 Satay Sauce w/ veggie cuttlefish & Basil 沙茶腰花

***L12 Bean Curd Pouch w/ Napa Cabbage & Broccoli 三色腐包

***L13 Veggie Deluxe (Napa Cabbage, Mushroom, Baby Corn, Broccoli, Fungus)

羅漢上素

L14 Bean Curd Rolls w/ vegetable (stuffed w/Cabbage, Mushroom) 法海蒲團

***L15 Stir Fried Mixed Green Vegetables (Mustard Green, Shanghai Bok Choy &

Broccoli) 清炒雜青菜

L16 String Bean w/ Sea Bass in Black bean sauce 豉汁豆仔雪魚

L17 Braise Tofu w/ Mushroom, Wheat Gluten & Green Vegetable 紅燒豆腐,麵根

L18 General Tso's Soy chicken 左宗雞

L19 Taro, Lamb w/ Pumpkin and Satay Sauce 芋頭沙茶南瓜素腩

L20 Black Bean Sauce w/ String Beans & Veggie Chicken 豉汁炒四季豆素雞絲

L21 Braised "Bean Curd Tofu" w/ Vegetables & Mushroom 紅燒百頁豆腐

L22 Basil Tofu w/ Mixed green vegetables 三杯豆腐

L23 Sliced Fatty Pork w/ Sweet Mustard Greens & Napa Cabbage 梅菜扣肉

L24 Eggplant w/ Soy Sea Bass 茄子雪魚

**L25 Lotus Root, Fungus, Peas & Ginko Nuts 田園風光 (蓮藕小炒)

**L26 Golden Knots (Tofu, Mushroom, w / Soybean Sheets) 素皇雀

L27 Basil Soy Chicken w/ mix vegetables 三杯素雞

L28 Braised Spareribs w/ Dai Kon & Cooked Lettuce 蘿蔔素腩

Spicy Dishes 辣味

(Served with Spring Roll & Steamed white rice or Brown Rice)

L29 Kung Pao Lamb 宮保羊

L30 Braise String Beans w/Spicy Chili Sauce 乾煸四季豆

L31 Eggplant in Spicy Chili Sauce 愉香茄子

L32 Kung Pao Soy Chicken w/Pepper & Broccoli 宮保雞丁

L33 Spicy Ma Po Tofu 麻婆豆腐

L34 Curry Pumpkin Tofu & Mixed Vegetables 咖哩南瓜豆腐

L35 Mongolian Soy Beef w/Pepper & Broccoli 蒙古素牛

L36 Twice Cooked Veggie Pork

(cabbage, dry tofu, pepper & soy pork)回鍋素片

L37 Kung Pao Tofu w/Pepper & Broccoli 宮保豆腐

Chow Mein / Fried rice/ Noodle Soup

炒麵/湯麵 /炒飯 (Served with Spring Roll)

L38 House Special Chow Mein noodle w/ BBQ Pork & Veggie Ham 慧膳炒麵

L39 Vegetables Chow Mein noodle 青菜炒麵

L40 Veggie Chicken Chow Mein in Black Pepper Sauce 黑椒雞絲炒麵

L41 Singapore Style Chow Rice Vermicelli (Curry Flavour) 星洲炒米

L42 Spicy Tan Tan Noodle w/ Peanut sauce 担担面

Noodle Soup 湯麵

L43 Won Ton Noodle Soup w/ Vegetables 雲吞湯麵

L44 Veggie Chicken, Green Vegetables w/ Noodle Soup 雞絲青菜湯麵

L45 Curry Mixed Vegetables & Tofu Udon Soup 咖哩青菜豆腐烏冬

***L46 Thai Style Spicy & Sour Soup w/ Rice Vermicelli 泰式酸辣湯米粉

*** You can choose Rice Vermicelli or Udon Noodle from No. L38-L46 ***

No. L38-L46 可選米粉/烏冬

Rice 飯類

L47 House Special Fried Rice w/BBQ Pork & Veggie Ham 慧膳炒飯

L48 Curry Fried Rice w/ Soy Chicken 咖哩炒飯

**L49 Green Vegetables Fried Rice 青菜炒飯

**L50 Spinach & Pine Nuts Fried Rice 菠菜松子仁炒飯

*** You can substitute to Brown Rice Extra \$1.50 from No. L47-L50

*** No. L47-L50 可選糙米飯加\$1.50